

Evolution Active Bike

1: Lay out all parts to be sure everything is included before assembly.



2: Bolt stabiliser legs to bike frame using the spanner provided.

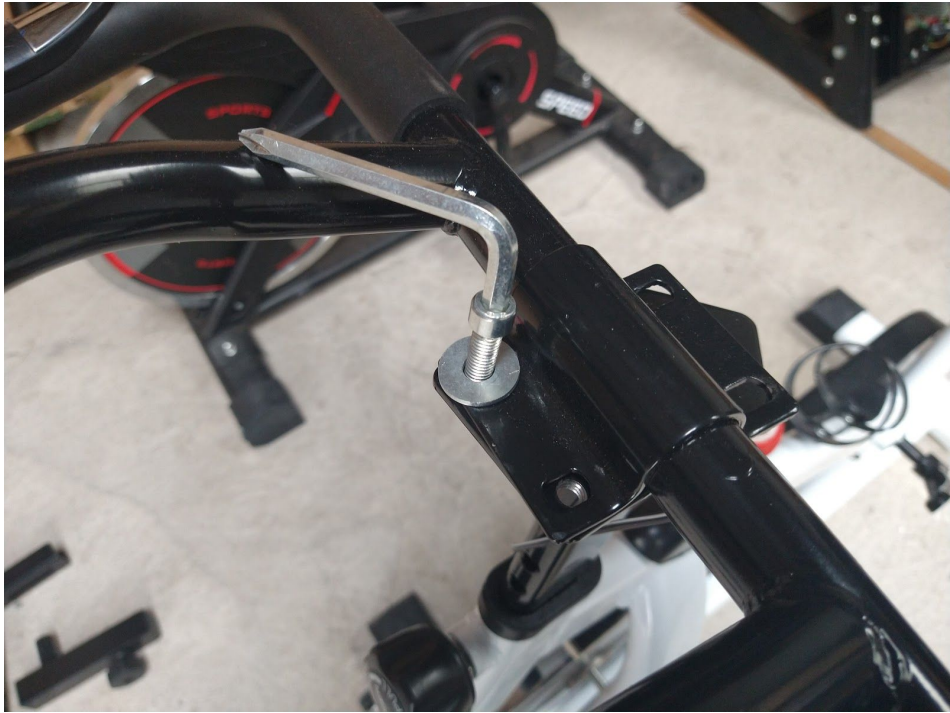
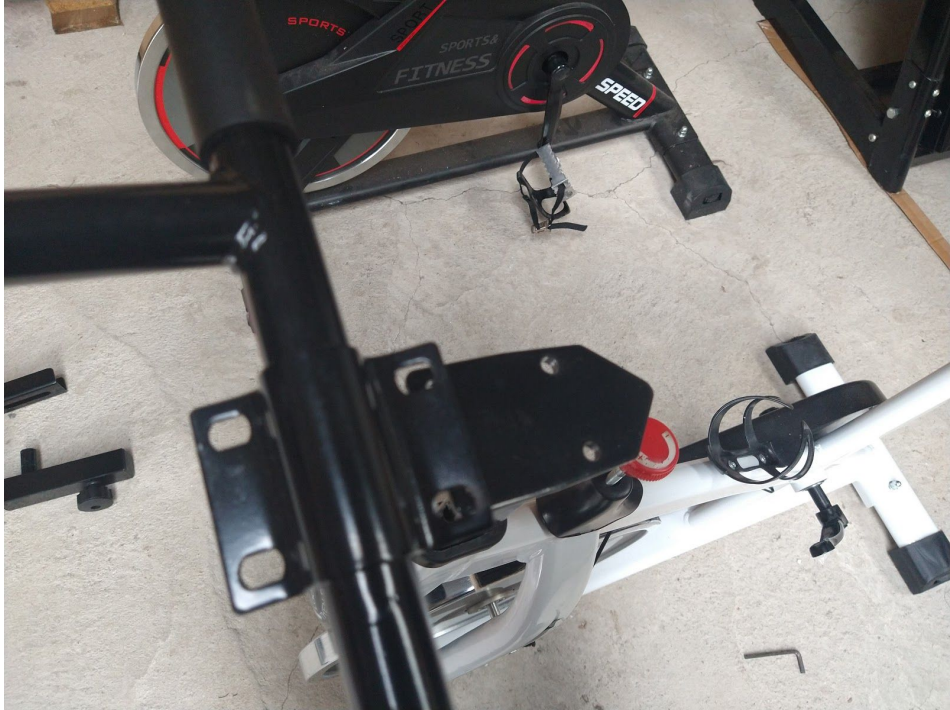




3: Insert handlebar post into frame



4: Use Allen key to attach handlebar to post with bolts and washers provided.



5: Secure saddle to seat post by tightening the nuts on the saddle bracket.



6: Screw in saddle height adjuster knob



7: Screw in handlebar height and stabiliser knobs





8: Clip on red plastic tablet holder to handlebar



9: Remove nuts from pedals. Screw pedals and nuts to crank arms being very careful not to cross thread.









10: Attach monitor and sensor cables.

Bike is then assembled and ready to use.